In November from the 17th to the 19th, our dojo will be hosting a military combat systems (Krav Maga) training session led by dr. Rony Kluger, (8 Dan Goju Ryu Karate Do) from Israel.

Dr. Rony Kluger is a phenomenon in the world of martial arts. While being a practitioner of traditional martial arts he is also one of the best instructor of Krav Maga, a defensive system for soldiers and anti-terrorist forces . At the event, organized by Sensei Nicolae Mitu, martial arts practitioners are expected to come here from all around Europe and the World. Training will be very intensive in those 3 days. Everything is about controlling the opponent, about the importance of the reaction time and about various pressure points that can definitely remove your opponent out of battle. It is also about analysis danger, about attack and defense-effectiveness methods and about ground fighting.`

Krav Maga - Israeli System of Military Self Defense focuses on those techniques useful in the fight with criminals in the street wher there are no rules. You can strikes the wrists, the eyes, the

ears or any other sensitive area of the body. Which means that Krav Maga system focuses on understanding the principles behind the physical confrontation, aiming to train a natural reaction executed with minimal effort and maximum efficiency. The advantage of this approach is quite big: the training process is faster than in "martial arts / fighting sports" and more efficient. Although the martial style is very important, at the same level of importance rises the mental preparation. In a real situation, the aggressor will fight "dirty", atypical and highly motivated, trying to "win" the confrontation at all costs. Only special training can develop the skills to quickly analyze the situation, to react timely, and not to let the aggressor get back up and put your life in danger once more. Dr. Rony Kluger is preparing the instructors in charge of the Israel military training for more than 20 years . As Secretary General of the International Bodyguard & Security Services Association (IBSSA) - the international organization of private security and protection with representation in nearly 100 countries, as rector of the International Budo Academy and technical director of the School of Instructors and Coaches of the Ministry of Culture and Sport Israel, Rony Kluger Kancho will teach in Bucharest the most important self-defance seminar of the year.

Everybody is welcome!!!

The seminar atendence is limited, so we ask you kindly to confirm your participation before 03 November 2017, at: sensei@aikido-bucuresti.ro or by sms at: 0040724353501, together with the proof of paying the participation fee: 60Euro (280 Lei) for adults and 40Euro (190 lei) for children. Children are allowed to participate only to the special children classes!