



□ □ □ **Ata Martial Arts** was established in 2006, is Turkey's first internationally recognized martial art□ .

□ □ **We have already made national and international events have been appreciated by all participants□ .**

Dear friends, that we have made in a short period of time as a result of successful work of art Ata Defense has been working as an international federation in 2008. Dear friends, I am sending you this message to invite you to our Full-Contact, Semi-Contact and Light-Contact championships. All of the said championships will take place on the 3rd and 4th of December 2016 in İstanbul.

Participants will be divided as tiny men & women, young men & women, and adults men & women in the championship which is being organized due to our federation's event schedule for 2016. We are excited to welcome you in İstanbul for this event.

Please let us know if you can participate or not as soon as possible,. I wish you all success Wish to see you in İstanbul, where this big event will take place.

**Murtaza UNLU**

**ATA MARTIAL ART FOUNDER AND PRESIDENT OF THE FEDERATION**

**Venue;□ □ □ Tefik Aydeniz Sporthall**

[Adres](#) : Atatürk Bulv. Uludağ Cad. No:1, Eyüp/İstanbul

[Telefon](#) : ( 0212 ) 626 6992

**Date;□ □ □ □ □ □ □ □ 3-4 December 2016**

**Registration;□ 2 December 2016 09:00 – 18:00**

## Organiser;

**Ata**

## Turkish Fight Federation-Turkey

[illegible]

**President Mr. Murtaza ÜNLÜ**

## Rules;

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1- The tournament place is 8x8m and marked ( When the Fighter goes out of this lines he will be warned, at a second time he will have a retribution and his opponent will become 0,5 points,at third time of line he will disqualified.)

2- The fight duration is 3 minutes and is a One (1) Round fight. If a equality occurs fight will extendet 1 min. The partiipants, who takes the first point, will be the winner of the fight without awaiting the end of the match.

3- The fights will be made with 3 points. Forbidden actions: Hit to the face, back ridge, neck, arms, crotch, joints any hit with fist or foot. At mean time to push, hit with head, elbow and hit the opponents head with knee is forbidden.

4- To the front side of the body, is permitted to make fist, foot, knee hits. Also hits to the face with foot, to the calf foot and knee hits, these will be counted due to effectiveness with 0,5 or 1 points.

### Participation Rules;□□□□

1- Countries who intent to joint the Tournament should send their list, 2 pcs of 140x100mm country flag and national anthem on CD.

2- The countries are permitted to come with 2 coach,1 referee,1 translator and

groupleader. Please send us before the Telephone nr. of the responsible person . The tournament participation could payed at the weighting day to the federation official

3- Please advise to the Federation, about your arrival as date and participant list of delegations

4- The referees should wear grey pants, white shirt, borduex tie, navy black jacket and sport shoes.

5- The Winners will be awarded with medals. The groups who won most medals as 1. 2. 3. Countries will be awarded with cups and the group choach-leaders with plates

All participants will become certificates and different gifts.

6- Participant countries, representative document from document belt documents and ATA martial arts the original dress will be a fee.

7- All kind of decision about the Tournament are in the control of Ata Turkish Fight Federation chairmanship

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## **Organising Committee;** □ □ □ □ □ □ □ □ □ □

Federation President : Mr. Murtaza UNLU

Vice President : Mr. Galip GÜLEN

Vice President : Mr. Temel KALE Mobil +90 533 337 81 84

Foreign Relations: Mr. Temel KALE Mobil +90 533 337 81 84

**Federation. Contact Addresses** ;

Web [www.assf.gov.tr](http://www.assf.gov.tr)

Mail : [assf@hotmail.com.tr](mailto:assf@hotmail.com.tr) [info@assf.gov.tr](mailto:info@assf.gov.tr)

**Categories; Kategoriler:**

**Year: / Individual : / Female : / Male :**

7 Years Individual Female -20 Kg, -25 Kg, -30 Kg, +30 Kg

7 Years Individual Male -20 Kg, -25 Kg, -30 Kg, -35 Kg, +35 Kg

8 Years Individual Female -25 Kg, -30 Kg, -35 Kg, -40 Kg, +40 Kg

8 Years Individual Male -25 Kg, -30 Kg, -35 Kg, -40Kg, +40 Kg

9 Years Individual Female -25 Kg, -30 Kg, -35 Kg, -40 Kg, +40 Kg

9 Years Individual Male -25 Kg, -30 Kg, -35 Kg, -40Kg, +40 Kg

10 YearsIndividual Female	-25 Kg, -30 Kg, -35 Kg, 40 Kg, +40 Kg
10 YearsIndividual Male	-30 Kg, -35 Kg, -40 Kg, -45 Kg, +45 Kg
11 YearsIndividual Female	-25 Kg, -30 Kg, -35 Kg, -40 Kg, +40 Kg
11 YearsIndividual Male	-30 Kg, -35 Kg, -40 Kg, -45 Kg, +45 Kg
12 YearsIndividual Female	-30 Kg, -35 Kg, -40 Kg, +40 Kg
12 YearsIndividual Male	-35 Kg, -40 Kg, -45 Kg, -50 Kg, +50 Kg
13 YearsIndividual Female	-35 Kg, -40 Kg, 45 Kg, +45 Kg
13 YearsIndividual Male	-40 Kg, -45 Kg, -50 Kg, -55 Kg, +55 Kg
CadetsIndividual Female	-47 Kg, -54 Kg, +54 Kg
CadetsYearsIndividual Male	-52 Kg, -57 Kg, -63 Kg, -70 Kg, +70 Kg
JuniorsIndividual Female	-48 Kg, -53 Kg, -59 Kg, +59 Kg
JuniorsIndividual Male	-55 Kg, -61 Kg, -68 Kg, -76 Kg, +76 Kg

Seniors Individual Male -60 Kg, -67 Kg, -75 Kg, -84 Kg, +84 Kg